

SGA opens student service desk, announces future plans



Photo by Ryan Neal

SGA Director of Membership Services Chloe Mirfield (middle) cuts the ribbon for the opening of the V-Desk on Sept. 15. The new initiative aims to help SGA students at one central location, just outside the SGA office. Mirfield is joined by SGA President Andy Rollins (left), VP Issues Mark Mancini, Executive Director Charles Wilson and Acting LU President Robert Kerr.

BY KAYLA PERRY

On Sept. 15, members of the SGA and Laurentian celebrated the V-Desk's grand opening in the student lounge.

The V-Desk acts as an SGA reception desk, where students can buy tickets to school and city events, get information on clubs and services such as the health care plan, and schedule meetings with SGA executives.

Chloe Mirfield, director of membership services for the SGA, was in charge of working with a group in order to create the

desk and staff it.

"There are ridiculous amounts of traffic (at the desk)," Mirfield says. "Now that students know where we are and what the V-Desk is, they know to come to us for all their SGA needs, and even just to chat."

The desk offers bilingual service, and is open from 9 a.m. to 7 p.m.

Upon opening, the V-Desk created 10 student jobs.

Patrick Wright, a third-year LU student in the Theatre Arts program and V-Desk employee, says that the desk is busy

already.

"It's frosh season, so everybody wants to come in and pick up agendas and information for the health plan and for buses so there's plenty of people coming in," said Wright, who has been working at the V-Desk since the beginning of September. It's very busy for sure, but nothing we can't handle – it's a lot of fun."

Mirfield also announced a new initiative that is being introduced to the V-Desk: a monitor screen that will show bus times so students can select their routes better,

as well as a major map of the city showing the bus routes.

The grand opening, which was held a month after the desk began operation, was completed with an official ribbon cutting ceremony. After the opening, the SGA celebrated with offering free lunch in the pub, allowing attendees to sample the new menu, and conducted a student raffle for a new futon.

lambda@laurentian.ca

‘You can’t just heal by yourself:’ Residential school survivor

BY GABRIEL RODRIGUES

Residential School Exhibition
This year, Laurentian University’s Indigenous Program is hosting a residential school exhibition, and according to a survivor, this event can bring a time for healing “for all of us.”

“In order to heal, you need a group to help you through your journey, you can’t just heal by yourself,” said Elder Hilda Nadjiwan, Laurentian University elder at the Aboriginal Student Affairs. “It’s still a very sensitive experience for survivors. We have so many that have not faced it, and it’s hard for them. Hopefully this can bring some faith, love and hope for everyone.”

On Sept. 30 to Oct. 4, at the J.N. Desmarais Library Archives at Laurentian University, the Legacy of Hope Foundation is presenting the 100 years of Loss exhibition, which explores the history of the residential school system in Canada.

The event was led by Associate Vice President of Indigenous Programs, Dr. Sheila Cote-Meek, who will be master of ceremonies accompanied by Nadjiwan during the opening on Monday at 1 p.m. to 2:30 p.m. The exhibition will be open for public viewing during the week starting at 9 a.m. on Oct. 1.

The week is filled with many different presentations regarding the residential schools, including art exhibitions, videos and guest speakers, according to Nadjiwan.

But the first thing that comes to Nadjiwan’s mind when hearing residential schools is “spiritual and powerful” experiences.

“It has taken me to different times and places with stories I’ve heard through my elders,” she said.

Nadjiwan was six years old when her and her sisters were

brought to a residential school in Spanish, Ont., from their home on Manitoulin Island. She spent three years there from 1949 to 1952.

“It’s still difficult and hard to talk about some things,” said Nadjiwan. “At the time, I was just excited to go on a bus trip not fully realizing where I’d end up.”

As soon as they got there, she said, all the children changed into uniforms and all took turns getting their hair cut.

“They would just put a bowl on our heads and start snipping,” said Nadjiwan. “After seeing myself, there was a shock, so it was a difficult time after I saw my hair getting cut off.”

Most nights sleeping at the residential school, Nadjiwan found it rough, but certain teachings from her mother pulled her through.

“In our culture, we look at the moon as our grandmother,” she said. “Whenever I saw that full moon, it gave me a sense of comfort like she was looking after me.”

Nadjiwan said loneliness was something that surrounded her throughout her experience in residential school.

“When you are a little girl, you do not understand why your language was taken away,” she said. “I could not mention or do anything that I was taught from elders. My culture was stripped from me. We were always marching like little soldiers. They condemned our way of life.”

One day in particular stands out for Nadjiwan.

“As a little girl, I complained,” she said. “So they put me in the middle of the room to torment and ridicule me in front of everyone saying I was an ungrateful savage.”

Nadjiwan spent three years



Photo by Gabriel Rodrigues

Elder Hilda Nadjiwan is a Laurentian University elder. She spent three years in a residential school in Spanish, Ontario.

at residential school and still has lots of memories resurfacing, but believes accepting it happened helps her heal.

She never admitted to anyone her experiences with residential schools until she was in her mid-40s. Nadjiwan said the first time she revealed her story was “the hardest day of my life.”

“I was substituting at Cambrian College and ‘lo and be hold’ there was a residential school presentation and I froze,” she said. “I was telling myself that

it didn’t affect me, but they asked me if I was a survivor. I thought to myself, I couldn’t admit that in front of all these people. I was shaking, and finally said ‘yes.’”

Nadjiwan said that day wasn’t only the hardest day of her life, but the most releasing because she could now start healing her wounds.

The Residential School Exhibition, Nadjiwan said, will be a great time for everyone to get together and start the healing journey.

“There are so many people still to this day that haven’t accepted what happened to them,” she said. “Hopefully this can give people some understanding, and peace for others to accept their past because that is the only way in order to heal yourself.”

For more information, contact the Office of Academic and Indigenous Programs at 705-675-1151, ext. 3437 or email crochette@laurentian.ca.

Rape chants: A problem of ignorance and apathy

BY MATT RABEY

The past few weeks, Canadian Universities have been making headlines nation-wide, but for all the wrong reasons.

To those who don't know what I am referring to, students attending The Saunderson School of Business in Vancouver and St Mary's University in Halifax have both been recorded during their frosh week chanting out pro-rape chants.

And while cries of sexism and "punish those responsible" are being plastered across national newspapers, that shouldn't be the case with these two events.

Now before you stop reading and brand me an ignorant misogynist, I'm not saying that the chant isn't cause for outrage, I'm just pointing out that the issue here is not sexism.

How can I say that it is not sexist when the chant is about raping underage women, well, by looking at both incidents holistically.

By looking at both videos one

can immediately see that there are many women engaging in the rape chants.

So are people suggesting that the problem with rape is so bad now that women are advocating the rape of women, which would in fact include themselves?

If you think that the previous statement is ridiculous it is because, well... it is.

The problem isn't that the students are actually advocating rape; the problem is that the majority of these students are ignorant towards what they are actually saying.

It is highly implausible that these young men and women are literally suggesting that people, like themselves, go out rape women; instead I am suggesting that the students don't realize how offensive they are being.

This shows how people are losing the emotion of empathy, not becoming more sexist.

Their participation alone says that they are not sensitive towards

the atrocities that others have endured, such as rape.

I could almost guarantee that none of these students have been through anything so atrocious in their life, because if they had, the chant would sink in on a personal level, an emotional level.

Since the news of the chants has gone national, Daren Miller, an alumnus of St Mary's University said he was so angry that he flew across the country, gave a news conference and returned his degree in a fit of rage.

Absolutely useless.

While the symbolism is definitely there, Miller's actions will do absolutely nothing to solve the problem.

By simply disciplining the students, people will feel that they have done something when they really haven't.

They only want to feel as if they have done something so that they can give themselves a big pat on the back, thinking something was actually accomplished.

Simply punishing the criminal doesn't change the reasons that the crime was committed or the conditions of society which led to the crimes. As an example, just look at the American penal system if you want to see the proof.

The problem must be solved using a different approach.

And how do we solve such a problem? Some education, sensitivity and empathy is a good start.

lambda@laurentian.ca



Lambda Staff and Information

Editor-in-Chief
Ron Guillet
ronguillet@gmail.com

Assistant Editor
Ed Veilleux
eddy_veilleux@hotmail.com

General Manager
V. A. Stranges
lambda@laurentian.ca

Financial Director
Charles Wilson

BOARD OF DIRECTORS
Ashley Thomson
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PRINTER
McLaren Press

CIRCULATION
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SCE 301 Student Centre
Laurentian University
935 Ramsey Lake Road
Sudbury, ON P3E 2C6
(705) 673-6548
lambda@laurentian.ca
www.thelambda.ca



Photo by Gabriel Rodrigues

Laurentian School of Architecture Director Terrance Galvin stands in front of a decorated transmission box located at the new school downtown. Students were allowed to decorate a rectangle of the wall.

‘The fun can finally begin:’ School of Architecture director

BY GABRIEL RODRIGUES

After years of planning, the Laurentian School of Architecture has started its first semester, and according to their founding director, “the fun can finally begin.”

“Designing is like controlled play,” said Terrance Galvin. “It’s like being a child when you learn to play, colour and simply be creative. One great thing about this school is it continues in that mode but at a structured level. There’s certainly theories to learn and information to digest, but the great thing about it is the creative aspect.”

Laurentian University unveiled the school of architecture on Sept. 4 to the City of Greater Sudbury’s downtown core.

There were about 200 people, including Ontario Premier Kathleen Wynne and the University’s President, Dominic Giroux, who attended the grand opening of the first architecture school open in Canada in over 40 years.

Galvin said he has already given his students a chance to show their creative side, as they all had an opportunity to design and give their own feel to the city’s transmission box in front of the school.

“Everyone got a rectangle,” he said. “They got to put something personal, about the school or city on there. That was fun and it gave a colourful feel to the downtown core.”

There are 70 students taking part of the program’s first year, as classes are in the former farmer’s market building, while faculty will have their offices in the old Telegraph Building next door.

Once the program is full by 2018, the school of architecture is expected to generate 400 students studying in Laurentian University’s downtown campus.

Also by September 2015, there will be a new building for the architecture school constructed next to the railway tracks, where classes will be held. The renovations and construction for all buildings cost roughly \$20 million.

Galvin believes the school’s diversity is what makes it different from other architecture programs in Canada.

“It’s a historic moment,” he said. “To have a program that starts with First Nation and francophone perspectives is like no other. Until now, schools only had a bit of that or tend to be separated like in Quebec where McGill University teaches in English and the University of Montreal is in French. We have all three perspectives and that multiple world view is historic. We never had a school that did that before.”

lambda@laurentian.ca

SGA unveils new, 'flexible' health care plan

BY KAYLA PERRY

With flu season taking its toll on LU students, thoughts can quickly turn to health care coverage. This year, the SGA has re-vamped the student health care plan, for the first time featuring multiple plans that students can choose from based on their health needs.

SGA President Andy Rollins says that the new health care plan is "brand new and awesome," and is so far only being offered at two other universities in Canada.

The health coverage includes the usual balance plan, which students are auto-enrolled in upon paying tuition. This plan spreads coverage across prescription drugs, dental insurance and extended health care such as eye exams.

However, this year there are also three other plan options available to Laurentian students: the enhanced drug plan, which focuses coverage mainly on prescription drugs, the enhanced dental plan, which devotes most coverage to dental needs, and the enhanced extended health care plan, which focuses on covering things

like physiotherapy, frames and contacts, and massage therapy.

"One of the things that we found last year was that there were a lot of students who wanted more out of their health plan, without paying more. I knew that if I was going to come back and be re-elected (as SGA President) the health plan was definitely one of the issues I was going to address," said Rollins. "There are now different enhanced drug plans – you don't pay more, and have the same amount of coverage, but are now able to shift your coverage to different areas of the health plan."

Also featured in the new health care plan is a ten percent discount on prescriptions at Shoppers Drug Mart, and Rollins said he is currently working on getting the same deal with a dentist in Sudbury.

"Technically if students use the Enhanced Drug Plan (which offers 90 percent of prescription coverage) and go to shoppers to fill their prescription, 100 percent of their drugs are covered," said Rollins.



Photo by Zara Golafshani

SGA President Andy Rollins poses outside the SGA office.

Students can opt out of the SGA health plan by providing proof of coverage under another insurance, either at the V Desk or online at www.wespeakstudent.ca before Sept. 30 at 7:15 p.m. Students who choose to opt out will either receive a reimbursement check for the health-care

portion of their tuition, or can choose to have the money reimbursed using direct deposit.

To learn more about the different health plans, or to switch to one of the three new health plans, visit www.wespeakstudent.ca by Sept. 30.



Need cash for your club?

Twice a year the Laurentian University Alumni Association accepts funding applications from Laurentian University's student clubs, groups and individual student initiatives that enhance and promote Laurentian University and its programs.

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Deux fois par année, l'Association des anciens de l'Université Laurentienne accepte les demandes de financement soumises par les clubs, groupes et initiatives d'un individu de la population étudiante qui visent à améliorer ou à promouvoir l'Université Laurentienne et ses programmes.

Les requêtes de financement du premier trimestre doivent être reçues par le 15 octobre.

For more information contact the Alumni Relations Office at 705-675-4818 or alumni@laurentian.ca
Pour plus d'informations, veuillez communiquer avec le Bureau des anciens au 705-675-4818 ou à anciens@laurentienne.ca



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Organizer 'confident' LU students will take first step to leaving CFS

BY KAYLA PERRY

During the last few weeks, a petition circulating around Laurentian University has gained attention in Northern Ontario media.

That petition, organized by Brendan Lehman, a LU neuroscience graduate student, is attempting to disassociate Laurentian University and its student associations from the Canadian Federation of Students.

The Canadian Federation of Students, or CFS, is a federation which currently represents roughly 600,000 Canadian students. The federation's goal is to "offer a number of programmes and services in order to meet the unique needs of students and to help students save money." CFS offers programs such as Travel CUTS, Student Work Abroad Programs, and Studentsaver Discount Cards.

However, in Lehman's opinion, the problem lies in the fact that the federation collects fifteen dollars from each Laurentian student's tuition – money which he believes seems to go unaccounted for.

Lehman, who is also the vice-president of the Graduate Students' Association, says he is "concerned that proper, legitimate student advocacy is being held hostage for the sake of gathering student dues and profit. Things like tuition increases are more or less a result of an ineffective and inadequate federation." He says that the CFS is no longer a student-run organization, and no longer looks out for the needs of Northern Ontario students.

Mark Mancini, SGA Vice President of Student Issues, has concerns about the CFS as well. He said that the SGA "has received word that there is a petition circulating around the University," and although the SGA is not yet taking an official position on the petition, the organization "has a number of concerns, obviously, about (Laurentian's) continued involvement with the CFS."

Mancini believes that the CFS takes a very "radical" view that may work for other Canadian universities, but doesn't necessarily benefit LU.

"The CFS is really out of touch with students at Laurentian – we have very distinct needs, I think, in the north, such as transit issues and food services," Mancini said. "All of these sorts of things are very specific to the north, and the CFS does not speak to those."

The other concern Mancini has with CFS is that it seems to "suffocate" local associations, who want to "take their

own path forward."

According to Mancini, organizations at LU have their own agenda of what they would like to do, and that "the CFS may not agree with that agenda – therefore, they try to stifle our ability to do that."

To Mancini's dismay, CFS members were at LU's clubs day, trying to "solicit students to sign petitions, trying to shift the course of action."

Mancini says that, during his time at Laurentian, he has seen many people try to raise their concerns with the CFS – concerns which have gone unanswered, or have been raised in debates at CFS meetings, but were then "shut down."

"None of the changes that people were ever advocating for were either heard, or taken into account... If I could speak on behalf of the schools, I can imagine their frustration, that hasn't been heard over a number of years."

Alistair Woods, Chairperson of the CFS in Ontario, strongly disagrees with the negative view of the CFS. He was made aware of the petition after the Graduate Students' Association posted a media release to distance themselves from the CFS, and said that although the decision of disassociating from the CFS is "in the hands of individual members" he is "confident that Laurentian students believe strongly" in what the CFS offers.

Woods said that the CFS has neither the ability nor the interest in gathering profit, and that the funds taken from LU's students' tuition are "used to coordinate campaigns and government relations efforts, deliver cost-saving services to students' unions and individual members, and plan provincial and national gatherings of student representatives."

He also said that the CFS employs a full-time staff member to assist Northern Ontario members, and that Northern students have a separate Caucus at the provincial level, which meets separately during annual meetings.

In order for Laurentian student unions to take the next step in trying to disassociate from the CFS, the petition must receive signatures from twenty percent of each of Laurentian's four student associations.

If that were to happen the petition would then need to be presented to the CFS, and a formal referendum would follow in the spring. Lehman says he is "confident" that all the signatures will be gathered and the petition will be completed "within the next few days."

"After the example Quebec gave

(students), by effectively fighting for student issues, I feel that the CFS needs to be exposed and called out for what they're doing, and for the lack of action they are taking," said Lehman.

If the petition is successful, and Laurentian does in fact disassociate from the CFS, Lehman says he plans on

trying to organize a "provincial and national student body, whose sole purpose will be the advocacy of students" this spring.

He says he will organize the prospective student body to be "grass-roots based" and will be completely driven by students, for students.

(Editor's note: The Lambda is in the process of contacting the CFS and will update this story on our website as information becomes available.)

lambda@laurentian.ca

LAURENTIAN UNIVERSITY'S BUS HOME PROGRAM

Laurentian's Bus Home Program provides all Laurentian students with the unique opportunity of travelling from Sudbury to visit with friends and family during the academic year.

Trips are scheduled at regular intervals including Thanksgiving/fall break, Christmas, spring break and the last weekend before final exams. Destinations currently include Barrie, Ottawa, Timmins, Toronto and Sault Ste Marie, with established drop-off points along the way, all for a heavily discounted fee. Tickets for 2013-2014 are \$60 per person to Timmins or Sault Ste Marie and \$75 per person to Ottawa, Barrie or Toronto. These worry-free trips are extremely well received by students and parents alike.

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Student-related costs rising faster than inflation

HALIFAX (CUP) — Trends across ten years of data show that many bills associated with student life have been increasing faster than the rate of inflation, and even the tuition freeze that was canceled in 2011 wasn't enough to bring educational costs on par with the average rate of increase across consumer goods.

StudentsNS, a Nova Scotian student lobby group, is unimpressed with how universities handle school cost increases beyond the rate of inflation.

"According to the memorandum of understanding between the province and universities, in order to introduce an ancillary fee or have an increase beyond the rate of inflation, [universities] need to host a consultation with students," said Jonathan Williams, the Executive Director of StudentsNS. "The problem with that is there is no definition of what a consultation is. I've heard it argued at some institutions because there are students present at the board of governors meetings that counts as consultation." In addition to not defining a consultation, there is frequently no mechanism for students to approve, reject, or modify any of the newly introduced costs.

Such is the case for the new athletic fee paying for renovations to Saint Mary's University's Homburg Centre. In February a 'town hall' held, detailing the facility's facelift, along with information regarding the new fee's structure; \$5 per half-credit course is being added this fall, rising to \$20 per half-credit course by 2015.

In response to underdefined

'consultations,' StudentsNS has moved to boycott any event that could be considered a consultation around new fees, unless they receive written assurance that the event will not be considered one.

It's not just direct education costs that have been outpacing inflation, however. The Canadian Mortgage and Housing Corporation (CMHC) was used to measure the average cost of an apartment in the Halifax area, and information taken from SMU's

annual academic calendar were used to measure the costs of residence and a meal plan. In the cases of residence, meal plans, and average apartment prices in Halifax the rate of inflation was exceeded as well. What this amounts to is even the secondary cost associated with higher learning getting pricier faster than things in general.

Costs outpacing inflation is a possible contributor to an increasing debt load among students. According to statistics

provided by the Canadian Alliance of Student Associations (CASA), 58 per cent of Canadian university students graduate with debt, averaging \$26,680 per borrower. That is a national average, the highest average debt was in Nova Scotia, at \$30,128 per student.

In the past tuition was one of the slower costs to increase, but now the Memorandum of Understanding struck between the province and universities has allowed tuition increases of up to 3 per cent in order to

offset reduced government funding, making it unlikely that inflation situation will reverse, at least in the near future without significant action.

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Photo by Ryan Neal

Mac Miller performs for the crowd at the Grace Hartman Amphitheatre as part of the SGA's frosh week events.

Mac Miller sells out frosh concert, delivers 'awesome' show

BY WILLIE POLL

On Friday, Sept. 13, the SGA presented their welcome-back concert at the Grace Hartman Amphitheatre.

Hundreds of people crowded the stage in a sold out show to see Mac Miller, a 21-year-old rapper from Pittsburgh.

The rapper began his journey into the rap field at the age of fourteen, and has been in it ever since.

"The concert was awesome," Taylor Corboy, an audience member, said. "The only thing I would improve would be the wait time to see Mac play and maybe the long line ups for beer. Overall, the

concert was awesome regardless of the cold weather and wait lines. I'd go see him again any day."

The concert's opening act was TF House, a Canadian rapper from Toronto who had previously toured with Mac Miller.

"The opener was awesome," Corboy said. "He has a lot of talent and it's really awesome to see more Canadian performers."

Remarks such as "he killed it" have also been made on Facebook about the show's opener.

The floor seats near the stage were filled up and security had their hands

full with pushing, fighting, drug use, and moshing. They had to jump the gate numerous times, and multiple people had drugs and alcohol obtained from them. People, however, still managed to throw Mac Miller gifts on stage such as joints and even a cell phone.

Alex Umbach, an audience member, said she enjoyed Mac Miller engaging the crowd throughout the show.

"He was making jokes and getting people pumped up," Umbach said. "I'm a huge Mac Miller fan and I thought the show was awesome. The SGA did an amazing job at putting it on."

Even after selling out, many people were still searching desperately for left-over tickets or for other people selling theirs. Many people attempted to reach out to the Facebook event in search of tickets.

"My favourite part was the way Mac Miller smiled at the crowd," Nat Dupuis, an audience member, said. "I thought the show was really good, the crowd loved him, he's an amazing performer. The only thing I would change would be the attitude of security."

lambda@laurentian.ca

Jeanelle Crowley is Elektra



BY KALLIE BERENS

Having one of the most interesting jobs on campus is no easy task. Jeanelle, manager of Laurentian's games room and coffee club in the student centre, is a perfect fit for this issue's superheroine choice of Elektra.

In addition to Elektra's badass talent in martial arts and weaponry, which Jeanelle is rumoured to secretly be skilled in, she is completely resistant to pain including extreme temperatures. Jeanelle is the same way - although she rarely spills while pouring boiling hot

coffee and tea, she doesn't bat an eye on these occasions.

A successful french History major entering her third year, Jeanelle hails from the far-away land of Windsor, Ontario, not unlike Elektra, who served as a Greek ambassador to the United States.

If you pay Jeanelle a visit at the coffee club, she'll be sure to entertain you with her great sense of humour. If you're lucky, she may even show you her katana.

Illustrations provided by Marvel Comics

Elektra is one of the most adept fighters in the Marvel Universe and is always willing to choose fight over flight.



University of Sudbury hosts scavenger hunt and mass for centennial celebrations

BY KAYLA PERRY

This past August, the University of Sudbury celebrated 100 years of existence. Subsequently, the university engaged in planning a year full of events for students and faculty of LU.

The celebratory mass, which was the first event in the year-long celebration, was hosted in order to "come together and ask God to bless the university, and to bless all the people who are going to be at the affiliated Laurentian University" said David Schulisd, newly appointed director of spiritual services at the University of Sudbury.

The hour-long mass included students and members of the public reading aloud from the text, and singing hymns alongside a guitar player, and ended with free pizza for the attendees.

"The religious part of life is important to us, and so as part of our one-hundredth anniversary it made sense for (the university) to include something of that," said President and Vice-Chancellor of the University of Sudbury Pierre Zundel.

The university hosts mass in the chapel weekdays at noon, as well as every Sunday at 4 p.m.,

and Schulisd, who began the position in August of this year, said that "everybody is welcome to attend."

The second event to celebrate the centennial was a city-wide scavenger hunt around Sudbury, held on Sept. 22. Students and faculty alike were invited to partake in the hunt, with the requirements of one driver for each team, and at least two people per car.

Teams were tested on their knowledge of Sudbury landmarks, as well as University of Sudbury history, with clues leading to destinations such as

Centennial Street and tasks such as imitating Sudbury statues. Once teams had arrived at their destinations, they were asked to take a picture of a team member, the destination or task, and the supplied University of Sudbury flag.

Afterwards, participants met in the university's Canisus Hall for a provided lunch and awards ceremony, which included categories such as Best Statue (awarded to the "Huntington High Class Low Life's") and Best Mummy (awarded to the "Rangers").

"The CEE Shutterbugs" team

members Emilie Guerin, Jennifer Kaltiainen, Mary Laur, Brigitte Rainville and Miranda Mackenzie were pleased to participate in the hunt.

"We thought (the scavenger hunt) would be fun team-building to do together, and it's something to do together outside of work," said Kaltiainen, whose team was later awarded Best Costume.

Zundel participated in the city-wide hunt, alongside his son Eric, in their team the "Big Z Ranch."

lambda@laurentian.ca

Photo by Kayla Perry

Members of the University of Sudbury and the Laurentian community gather in the Canisus Hall for centennial celebrations.



CKLU DJ profile: Brendan Lehman



Photo by Kallie Berens

Brendan Lehman has two shows on CKLU, Clark’s Fortress Of Solitude and Clark Tries The Top 30.

BY KALLIE BERENS

Shows: Clark’s Fortress Of Solitude (Thursdays 6-7 p.m.) and Clark Tries The Top 30 (Saturdays 6-8 p.m.)

Volunteering at CKLU since: August 2011

What kind of show he has: “My Thursday show is a scramble of interviews, politics, science, art and music. Saturday’s show is a time to play new music, and to hype people up to go out, and of course spreading the good Canadian content out there.”

Why he wanted to be a DJ: “I like listening to CKLU, and I thought it would be really fun.”

What he’s listening to right now: 1. Kurt Vile - Air Bud 2. Young Rival - Black Is Good 3. Ducktails - Honey Tiger Eyes

Why Clark’s Fortress Of Solitude: “It is my nickname in my lab, and I thought I should continue with the Superman theme - the fortress of solitude is Superman’s hideout in the arctic, kind of like Sudbury.”

Favourite thing about being a DJ: “You get time to be creative and release energy while bringing joy to the airwaves. Being a DJ helps you find new things and spread goodness on the air.”

lambda@laurentian.ca

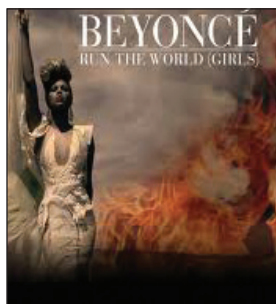


Photos by Zara Golafshani

First-year engineering students walked around campus covered in purple paint on Thursday, Sept. 12, as part of a Canadian tradition in the program.

Lambda recommends...

Kayla Perry - Staff writer



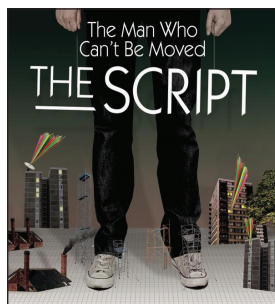
Beyonce

**Run the
World (Girls)**



Jack Soul

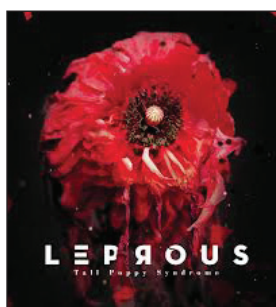
**I Still Believe In
Love**



Script

**The Man
Who Can't Be
Moved**

Ron Guillet - Editor



Leprous

The Valley



3

Amazedisgrace



Opeth

Hessian Peel

Kallie Berens - Feature writer



Coast Redwood

Cassiopeia



Arcade Fire

Reflektor



Pavement

Gold Soundz

Matt Rabey - Staff writer



Matador

Svinx



Ovi M

**Happy Go
Lucky**



Franco Cinelli

Laguna Verde

Ed Veilleux - Assistant Editor



Drake

Marvin's Room



Knife Party

**Intro + Rage Val-
ley (VIP)**



**Edward Sharpe
and the Magnetic
Zeros**

This Life

Gabriel Rodrigues - Staff writer



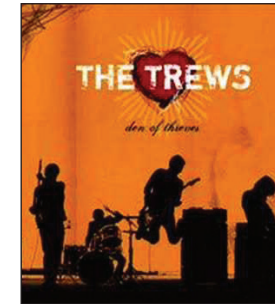
The Weeknd

**House of Bal-
loons**



Pink Floyd

The Machine



The Trews

Yearning

Mancini: Students deserve better from CFS

COLUMN BY MARK MANCINI

It's an exciting year at Laurentian.

Thanks to the leadership demonstrated by President Andy Rollins, Executive Director Charles Wilson, VP Services Iain Park, and the entire SGA staff team, things are moving forward in the Students' General Association. The launch of the V-Desk is a seminal moment for students, and for the University. Our focus this year on expanded transit services have already reaped rewards for students, and will continue to be a priority for our organization. Long story short, we have a vision about what we can be for the student body.

There is one piece that doesn't fit in this long-term vision. That piece, in short, is the Canadian Federation of Students (CFS). Most students haven't heard of the CFS, and that makes perfect sense---though every student at this University pays \$15 dollars to them, their focus is not at Laurentian. That \$15 dollars adds up to close to \$85 000 a year, out of the hands of students, to the CFS. And what do we get from this investment? Can anyone say the last time they have seen anything the CFS does on campus?

The CFS uses this money to no benefit.

Their focus, in contrast to ours, is squarely on Southern Ontario schools. They get the majority of their membership dues from large schools, and so their focus on the realities of Sudbury and Northern Ontario is decidedly absent. Their advocacy strategy is one of aggressiveness towards university officials, the public sector, the private sector, and anyone who doesn't fit their ideological bill. What do they have to show for this strategy? They claim to stand for lower tuition and lower student debt; though they preach a good line, tuition has consistently increased in Ontario, as has student debt. They have failed at their core goal. On the other hand, by working with parties in the private and public sector, we have worked hard to earn the trust of students on the issues we all care about.

So, why should we, as students, care? It, believe it or not, matters greatly. Recently, it came to light that there was a petition circulating around the university to end our involvement in the CFS. Though this is not officially endorsed by the SGA, students have mobilized at the grassroots. They have obviously seen that the \$15 fee that we all pay to the CFS could be better used. Whether that is in the form of a rebate to

students, or as an investment in new services, is a discussion that should be had in an open and democratic forum. Our position is simple. This is an opportunity for us to have a fulsome discussion with our students about these problems.

That said, the SGA has attempted to work with the CFS---to provide suggestions, to reform the organization---however, our efforts have constantly been rebuffed, and in some cases, we have been personally attacked and ridiculed for even trying. It would be the ideal to work with the CFS to jointly improve life for students at Laurentian. They have no interest in that endeavour. So, we have come to this.

The CFS does not welcome a fruitful discussion on continued membership. In fact, as soon as they heard about the discussion happening at Laurentian, they sent unnamed staffers from Toronto to Laurentian to stop it. Using student money, they sent them to Sudbury, presumably providing lodgings, meals, and other amenities. This is not the only thing the CFS does with your money, our \$85000---they have been in countless legal suits against students(see www.studentunion.ca if you're interested).

All of this is not only disturbing, but it is alarming for our university. These staffers went through our university residences at night (which is against university policy). They solicited our membership at SGA events, without invitation or cause. These practices are not part of our vision. As young people, we must be hopeful about the sort of politics we want to create---based in honesty, good-faith, and hope for the future. The tactics the CFS chooses to employ represents a bygone era of underhanded politics. We strive for better in the SGA for our students. Indeed, we will demand better for your hard-earned money.

When students are asked about the CFS, when they may encounter these staffers at the doorstep, I'd ask that we all consider one very simple thing. That is, where is your \$15 better spent? On meals and flights for staffers who simply do not care about Laurentian, or right here on campus to improve your life as a student? The answer to that, I believe, is fairly clear. We will continue to fight for our students, to have a discussion on our future, no matter how many staffers the CFS flies to our school.

Cortical Column: The basal ganglia

BY LUCAS TESSARO

This week I would like to talk about a number of structures which are commonly associated with two well-known neurological disorders – Parkinson's disease and Huntington's Chorea. In terms of neuropharmacology, these are fairly big name disorders, and in fact they are partially the reason we understand the function of their related structures – the basal ganglia.

The basal ganglia, or basal nuclei, are comprised of three defined structures: the caudate, the putamen, globus pallidus and the claustrum. The caudate and putamen are commonly grouped together as the striatum. They have an overall function of the integration of motor and emotional behaviours with voluntary activity.

So within the brain glutamate generally acts as an excitatory (activating) neurotransmitter, while GABA is inhibitory (deactivating). Almost all input to the basal ganglia are excitatory, and most of its output is inhibitory, so you could generalize their function as inhibiting certain behaviours.

This week (courtesy of Wikipedia Commons) I've included a diagram of the interconnectivity of the basal ganglia. You can see how

information from the cortex is sent down into the striatum beginning the chain of internal connections.

These have a net effect of different levels of inhibition of the thalamus, which is the 'gateway' to the brain – almost all input from the body and senses must go through the thalamus. This level of internal inhibition controls how much information actually makes it to the cortex – what we become aware of.

You'll notice that the substantia nigra carries dopamine to the striatum. This pathway (nigrostriatal) is associated with Parkinsonism. A depletion of dopamine leads to general tremors initially, and later on intellectual impairments. Basically, an imbalance of the dopaminergic excitation/inhibition of the striatum leads to a general loss of inhibitory control in the thalamus, which leads to uncontrolled tremors.

Huntington's Disease is a genetic programming of CAG repeats on chromosome 4, which leads to early cell death. As the cells die projections to the striatum are lost, which then becomes apparent in the symptoms of Huntington's – psychiatric instability, jerky movements, purposeless involuntary movements, and involuntary facial movements.

Wilson's Disease involves a

deterioration of the putamen, globus pallidus and substantia nigra. It presents with cirrhosis of the liver, and has psychiatric symptoms very similar to schizophrenia, leading to research into the connection between the basal ganglia and schizophrenia (the dopamine hypothesis).

Tourette's syndrome is more than just spouting expletives as popular culture would have you believe. Characterized over the human race, it is essentially the engagement of disapproved actions dependent on culture. If the 'F' word is inappropriate here, that's how it presents here. In other cultures it presents with motor tics, inappropriate touching, and so forth.

In reality, this is just the tip of the role the basal ganglia play in normal cortical function, but most of what I have presented here has been involuntary. Next time, we begin discussing areas of the brain with voluntary control – the neocortex and the cerebral structures.

Live long and prosper, young colleagues.
lambda@laurentian.ca

Comedy Shows at Little Montreal Bar and Restaurant on Elgin Street

OPEN MIC NIGHTS Last FRIDAY of Every Month:

Come out to Sudbury's longest running comedy show. This show features new comedians and seasoned. Tickets are 10\$ or (\$5 with student card). Anyone interested in performing are encouraged to attend a show and speak with the show's host. Shows start at 9:00pm

KENNY ROBINSON and DARREN FROST

SATURDAY October 5th we have two legends of Canadian comedy, Darren Frost and Kenny Robinson, for the "Rank and Vile Show". Darren is a regular on the CBC show Mr.D as well as Just For Laughs and the Debaters; Kenny is a living Legend of Canadian Comedy whom Russell Peters calls his Mentor, this show will sell out fast and is not for the faint of heart. Tickets are 20\$ show starts at 9:00pm.

MTV's DAVE MERHEJE

SATURDAY Oct 12th we have MTV'S Dave Merheje, One of Canada's most booked acts he is currently on MTV and performing at the 2013 Just For Laughs with a record setting number of shows. Tickets for Dave Merheje are 15\$ (10\$ with a valid student card). Show starts at 9:00pm.

Living with the Land creates ‘an everlasting community’

BY WILLIE POLL

The Indigenous Studies department at the University of Sudbury has added a new course to their selection, titled Living with the Land.

This previous summer was the second year the course had been run, and took place on the Wikwemikong reserve on Manitoulin Island. The course is nine days long and involves staying in a tent and connecting with nature.

The course teaches indigenous traditions and incorporates textbook learning with oral teachings from elders in the area. Events that were incorporated this year included medicine walks, a sweat lodge, a pipe ceremony and more.

“My favourite part was the medicine walk and learning about the different medicines that grow around us,” Marnie Marie, a student, said. “My least favourite part was that it only lasted nine days.”

The course had just over 25 students who, according to many of the participants, including Nicholas Corbiere, formed “an everlasting community.”

“My favorite part was probably connecting with 25 different people,” Marnie said. “I have never been in a class where everyone got along and became

such good friends. It was an amazing experience.”

The participants had to keep a daily journal as well as write an essay at the end of the course to receive their six credits. The course involves many oral teachings from elders, which is how indigenous knowledge is generally taught.

“What makes it unique is the hands on experience,” Marnie said. “In the native culture this is the way it should be taught. Learning it through textbooks and lecture can never compare to outside, hands-on learning. I have learned more about myself in that 10-day class than I have in my last 10 years of school.”

Parts of the course focused on traditional healing through medicines, meditation and more. Some students, such as Corbiere, explained the course as “life changing.”

The students stayed on the property belonging to Josh and Tina Eshkawkogen, two elders who taught many of the teachings throughout the course.

“Josh and Tina were great,” Corbiere said. “They changed my life and a lot of my perspectives. They were two of the nicest people I have ever met.”

The course is planned and led by Laurentian’s Dr. Michael Hankard at the University of Sudbury. The course is planned



Photo supplied

Students from the Living with the Land course pose outside.

on being taught again next summer.

“I think it should be offered again and continue to be offered

as long as possible,” Marnie said.

“Everyone should get the chance to experience this week of living with the land. It is an amazing

opportunity, and was one of the best weeks of my life.”

lambda@laurentian.ca

Perspectives new chapter revealed at Cinifest

BY KAYLA PERRY

On Sept. 20, six days into Cinefest’s 25th anniversary week, Laurentian professor Benjamin Paquette released the second chapter in nine chapter feature film, Perspectives.

Chapter 1, “Salt and Soda” had been released in Cinefest 2012, and portrayed three different scenarios of friend’s committing infidelity with one another, played a rotating cast of Stéphane Paquette, Pandora Topp and Patricia Tedford. Each time, the cheating person was dating the character Alex.

In the second chapter, titled “Chris and Beard” the adulterous couples would meet in a hotel room, and afterwards Alex would

ironically question their partner about who Chris (the lover) was dating. Later, the cheating couples would lay in bed and ask one another if they had ever thought about changing their lives. The chapter closed with a headshot of each actor/actress singing.

In 2012, Paquette’s major motivation for making the film was to allow his students to gain some experience in a real set – now, the film has become an eight-year project. Each year, Paquette will add a fifteen to twenty minute-long chapter, but still wants students to be involved as much as possible.

“The whole thing is an experiment – students are offered to turn up to production, and many students do,” said Paquette, who also said that he has the “basic idea done

for all nine chapters,” but wants to “keep it to (himself) and re-work it.” This year, Paquette also filmed one shot of Chapter 3, which will be revealed at Cinefest 2014.

Ian Johnson, previously a Laurentian student in the Motion Picture and Arts, had the opportunity to work on the set with Paquette and the team during the two days filming.

“It was awesome, (the team) were all really cool and (took) the time to explain things to me,” said Johnson, who mainly worked as a production assistant.

“One of the cooler jobs I got to do was that in the film, a door had to close at a particular door so I was releasing it. That was pretty fun – most of the time I would

read lines to (the actors) if they said them incorrectly.”

Johnson, who hopes to continue his studies at Laurentian in the future, said that if he is in Sudbury he would “absolutely love” to work on the film’s set again.

“I really like Ben’s work, he’s really into using the form to tell the story, and using tools to say something.”

Thornloe University President Robert Derrenbacker explained that filming Perspectives is important but very expensive.

“Two days of shooting costs \$25,000 a year to shoot these chapters... So if you have any rich uncles I’d love to take them out to lunch,” joked Derrenbacker.

lambda@laurentian.ca

An afternoon with The Almighty Rhombus

BY KALLIE BERENS

With just over two weeks shy of their album release party at the Townehouse Tavern, Carter and Clayton Drake of one of Sudbury's "boy bands" The Almighty Rhombus took some time out of their busy schedule to talk to The Lambda about "Lucid Living," balancing life and school and who makes the best pizza in town.

Carter Drake, currently enrolled in Mechanical Engineering at Laurentian University, cites "10 years BC (before Birthday Cakes)" as the earliest time that any of the three Drake brothers in The Almighty Rhombus showed an interest in music.

"Clayton started learning piano," he said.

"I took classical piano lessons until I reached Grade 8," Clayton added. "But I didn't really play again until my first year of University."

In the years before The Almighty Rhombus, Clayton fueled his musical fires by playing in several local bands, starting with Hellbound Chainsaws.

"We wrote a hundred really simple, kind of stupid songs," Clayton said. "Including a song about the Big Dripper from Sub City downtown."

After Hellbound Chainsaws, Clayton joined Life Blown Open, and three or four years later formed The Birthday Cakes with Carter.

"In Grade 6 or 7, I had a paper route, for The Lambda actually," Carter joked. "Anyways, I saved for around two years to buy a drum kit. Clayton ordered it off of eBay, then it came to my house and I had a drum kit."

While Clayton spent his time with The Birthday Cakes and the well-known local band Meadowlark Five, Carter and his friend Michael Kenny begun rehearsing, starting the beginning of the current lineup of The Almighty Rhombus, then known simply as Beam Cannon. Carter remembered one of their earlier performances at Lasalle Secondary School's Battle Of The Bands. Carter recalled how "none of their shit worked," with a laugh.

"About a year after we did Beam Cannon we started learning Rhombus songs," Carter said.

"Then I heard them playing one day and I asked them if I could be in the band," said Clayton. "Once I joined Rhombus and putting more time into it, things kind of lost momentum with Meadowlark Five."

Soon after Clayton joined the band, Rhombus solidified their lineup by adding Cameron Drake, Clayton and Carter's brother, on guitar and Neil Bednis on bass guitar.

"I don't really think of Rhombus as Rhombus until they joined," Clayton said. "They changed the sound, and Neil's writing songs for the band now too, and without them it's not really the same band."

The band also changed their name from simply Rhombus to The



Photo by Ryan Neal

Clayton Drake, left, and Carter Drake, right, of the Almighty Rhombus will host a CD release party on Saturday, Oct. 5, at the Townehouse Tavern.

Almighty Rhombus.

"Rhombus is a rapper on Youtube," said Carter. "We didn't really want to change our name."

"Instead when Steve Giroux and the rest of Coast Redwood introduced us as The Almighty Rhombus one night, that was what we decided to make it," said Clayton.

"I can't tell if people are making fun of us or complimenting us on our band name," said Carter.

Clayton likes the name because of the allegorical undertones to do with the worshipping of finances and religion.

The brothers agreed that the past year and a half for the band has been "crazy train," trying to keep up with school, jobs and playing shows out of town every other weekend.

"I try to book everything around people's schedules as much as possible," said Clayton.

For his six years at Laurentian taking Commerce, Computer Sciences and Chemical Engineering, he understands the burden of having all these commitments.

"We're going on tour for a week and a half around reading week," said Carter. "And then I have an exam the Monday after. Got to work on the study to party ratio."

"I try to give people lots of advance time when I book shows," said Clayton. "I'm trying to take as much

of a burden off of [Carter] because of studying."

When asked about their upcoming album, "Lucid Living," Clayton and Carter credited Bednis with the name and the album artwork.

"He had a list of names and we had trouble deciding," said Clayton. "We all agreed in the studio that we liked it. Neil found the artwork online."

Carter said he liked the album and artwork more and more, as he thinks it fits in with the songs really well on the album.

"The self-portrait with the gun is a very powerful, provocative image," said Clayton. "And I kind of get an early twentieth century, Northern Ontario hunting feel from it."

A few weeks ago the band had a week and a half long east coast tour, playing in Ontario, Quebec, New Brunswick, Nova Scotia and Prince Edward Island. Carter and Clayton both agreed that their favourite place they have played so far has been at the Seahorse Tavern in Halifax.

"I felt like I was playing in the Playboy Grotto," said Clayton.

"It looks like you're underwater... cool aquariums all around," said Carter.

[Writer's note: Never being to the Seahorse Tavern, I asked them if it was like Bass Pro Shop. They said no, but would totally play in Bass Pro Shop.]

The brothers also said that the River & Sky Festival was amongst their favourites, due to the atmosphere. "You can wear sunglasses in outside shows and no one knows what you're looking at," said Carter.

"We've gotten way better at rocking out since we've gone on tour," said Carter. "We take tequila shots halfway through our set and the shit just goes crazy."

Being in the Sudbury music scene means you have a lot of support for the other bands within the community, and the Drakes listed their favourite local bands.

"Coast Redwood, Geyser, I can't pick one... can I give you top three?" said Carter.

Amongst Coast and Geyser, they also listed Supertoke and Pistol George Warren as others they admire.

"There's a lot of good music in Sudbury, it's a tough choice," said Clayton.

"Anytime anyone starts dancing at a show, it's pretty sweet," said Carter when asked what their favourite show memory was.

Recently, the band used the crowdsourcing website Indiegogo to help them with the release of their new album and tour costs. Their goal of 3000 dollars was surpassed and they were "very surprised," Carter admitted.

"I thought we might raise like...

300 bucks," he added.

When asked what their favourite pizza place in Sudbury is, they spent the remaining five and a half minutes of the interview trying to discuss in order to come up with a solid answer.

"That's a tough question," admitted Clayton.

"Don's pizza is apparently the best," he said.

"Best sit down pizza restaurant is Golded Pizza in the Donovan," Clayton eventually decided. "I heard they never turn their oven off, that's the word on the street, that it hasn't been turned off in the past 60 years, but I think it tastes delicious."

"Best delivery is definitely the kitchen sink from Cortina's Pizza," said Clayton.

"But it's too soggy," countered Carter. "Definitely Topper's."

"There's lots of great pizza in Sudbury," said Clayton with a definite, final answer. "You can't go wrong."

The Almighty Rhombus CD release party will be at the Townehouse Tavern on Saturday, Oct. 5, where they will be selling copies of "Lucid Living." You can also check their music out on Bandcamp, thealmightyrhombus.bandcamp.com, or find them on Twitter and Facebook.

"Lucid Living" officially hits stores Wednesday, Oct. 30.

kallie.berens@gmail.com

Voyageurs split four-game homestand

BY RON GUILLET

The Laurentian Voyageurs' women's soccer team returned home after starting the season with a 2-0-2 record on the road.

Their first match on the Laurentian soccer field was against the Queen's Gaels, currently second place in the East division.

The Voyageurs struggled to contain the Gaels from the onset, and were doubled in shots after the first half. Rachel Radu opened the scoring for Queen's in the 27th minute after capitalizing on a takeaway. Laurentian managed to outshoot the Gaels in the second half but ultimately conceded two more goals in 49th and 85th minute, respectively. It marked Laurentian's first loss of the season, ending their undefeated streak at four games.

"We had a couple of miscues and it cost us," Head coach Rob Gallo said. "Queen's is a very good team and you cannot afford to go down a goal. We were unable to recover from the first goal."

Up next were the RMC Paladins on Sunday, Sept. 15.

The Voyageurs bounced back from their 3-0 defeat by unloading eight shots in the first half, going up 1-0 on an early goal by Celine Valiquette in the 4th minute. The Paladins were limited to just one shot in the second half, and seven overall, as the Voyageurs slammed

seven more shots on target. Megan Ferguson and Julie Lopez rounded out the scoring to make it a 3-0 final.

"They moved the ball better and created several scoring chances," Gallo said of the performance. "We bounced back nicely."

On Saturday, Sept. 21, the Voyageurs took on the Carleton Ravens, who rank second in the league in goals for. Both teams exchanged chances in the first half but couldn't find the back of the net. In the second half, the Ravens took over in possession and had the Voyageurs under siege. It appeared Laurentian went for quality over quantity as rookie Heather Gilbert struck home a loose ball into the back of the net in the 90th minute as the Voyageurs bench erupted in cheers. The game ended 1-0 as Richele Greenwood earned her fourth shutout of the season.

On Sunday, Sept. 22, the Voyageurs were up against the top ranked Ottawa Gee-Gees, who have a remarkable 30 goals for and three goals against (in large part to beating Trent 11-0 on Sept. 15).

Laurentian held their own and provided a challenge to the Gee-Gees as they doubled them in shots, eight to four, and played a sound defensive game. This time it was Laurentian who felt the cold sting of a late goal, however, as Corina Jarrett found the back of the net



Photo by Ron Guillet

Julie Lopez battles for possession against the Carleton Ravens on Saturday, Sept. 21.

in the 90th minute, handing the Voyageurs their second loss of the season.

Gallo said the Voyageurs are on the right track as a young, developing team but must focus on consistency.

"We are going to need to put a

full 90-minute game together if we want to have a successful season," Gallo said. "The playoffs are our goal. We need to play faster be more physical in our challenges. We need to improve our movement off the ball. We have a lot of players that are starting for

the first time and combined with our rookies we need to continue to build our chemistry." ranguillet@gmail.com

Midfielder Parisotto adjusting to OUA soccer

BY RON GUILLET

Midfielder Carlee Parisotto is in her first year with the Laurentian Voyageurs at just 17 years old, already playing in the first eight games.

Parisotto is one among many new recruits added to the Voyageurs this season as the team imported 11 new faces. The Sudbury-native seems to be adapting with every passing game as she erupted in her sixth game, against the RMC Paladins, with three shots on target, her first three of the campaign.

Parisotto has played soccer since she was three years old.

"My parents had put me in a couple sports but soccer was my favourite," Parisotto said. "I've played many other sports growing up, mostly school sports like basketball, flag football, track and field and volleyball."

She played competitive volleyball for the Northern Chill Volleyball Club, in fact, which is located in Sudbury. Pertaining to soccer, Parisotto played for Lockerby Composite School as well as the U21 Impact Girls before joining the Voyageurs.

Parisotto, who is enrolled in the Commerce program and will be at Laurentian for four years, said her

aspirations this season "are to improve and get used to this pace of game and to contribute to the success of the team."

Head coach Rob Gallo said Parisotto has already been achieving her goal to adjust to the Ontario University Athletics.

"Carlee has a lot of potential to be a solid contributor to our team over the next few years," Gallo said. "She is adjusting to the speed of the game and the demands of playing a two way game in the OUA."

Gallo said Parisotto still has much to learn but that she has been receptive as the coaching staff tries to mold her into a key piece moving forward.

"Unlike a lot of our girls from Southern Ontario, she has not been exposed to the same level of soccer and training," Gallo said. "I see her vision and passing ability will no doubt improve as she adjusts. She is very coachable and, as she matures, will start to show some of the talent that will make her a quality OUA player." ranguillet@gmail.com

Duncanson expects playoffs from Voyageurs

BY GABRIEL RODRIGUES

As the Laurentian men's hockey team prepares for their first season in over 10 years, their coach is counting on his players to provide "leadership" for each other to make up for the lack of experience.

"In our recruiting, we chose a lot of guys who were captains, leaders and good students," said head coach, Craig Duncanson. "We are hoping that character will be present on and off the ice for us this season."

Although the men's hockey team is lacking experience at the CIS level, Duncanson said, his team can learn from his own experiences.

"As a player, I was a jack of all trades, and a leader," he said.

Duncanson was selected in the first-round by the Los Angeles Kings in the 1985 NHL Entry Draft. He went on to play five seasons for the Kings, and later played for the Winnipeg Jets and New York Rangers. He had stints in the AHL and IHL during the course of his pro career as well.

Also, Duncanson is familiar to the varsity program, as he was head coach of Laurentian men's hockey team from 1997 to 1999. Most recently, he was an associate coach of the Sudbury Wolves Minor Midgets, and an evaluator of the Hockey Canada under-17 program.

However, with all of Duncanson's experience, he said, it's up to the players to perform and help each other out.

"Most of the players are coming out of junior hockey, so they're not new to this kind of environment," he said. "We want to establish a culture that's committed to a character approach to the game. These young men carry themselves well and they approach the game with exceptional work ethic. We want to have a program our student body is proud of."

Duncanson said he expects some

struggle this season, but is certain his team can compete.

"We will be patient for some respects but other things we won't stand for," he said. "We want a full committed effort on and off the ice. We are looking to build a program with a team that comes to compete every night."

As for playoffs, Duncanson said he has high hopes.

"It's one thing to watch it last year and trying to make judgement, but it's another thing to finally put our best out there," he said. "I expect to make the playoffs, but I'll know better by Christmas time where we fit with the competition. At the end of the day, the game is played on the ice and we will do our best to get the players every opportunity they need."

Duncanson said although hockey is important, the academic side of the game is just as crucial for his players' success.

"It's going to be very demanding to balance both sport and school," he said. "It's a privilege to be a varsity athlete and a very valuable thing to put on a resume because it's hard to earn. But there are challenges people overcome far greater. If the players want to be considered varsity athletes, it comes with a price."

Marc-Alain Begin, 21, from Hearst, Ont. is playing in his first season at the CIS level for Laurentian and believes balancing school and hockey will keep him busy.

"Here you have to go to school and pass to play," he said. "So it's going to be hard at the start, but it's good we've been in school for a month before the season started because we already get that feeling of going back."

Begin said training camp has been demanding, but is certain his team will be ready for the start of the season.

"The first few games are important for us to get a good start and get the



Photo by Gabriel Rodrigues

The men's hockey team kicks off the regular season on Oct. 10 against the York Lions.

season going on a strong foot," he said. "With this big ice surface we have to play our gritty game, use our speed and offensive game to compete in this league."

Vincent Llorca, defenseman for Laurentian's men's hockey team, is expecting every game to be a challenge.

"It's going to be an interesting season with a new team," said Llorca.

"We are going to have our ups and downs, but we are just trying to get to know each other. It's going to be a battle for us every night but we have to work hard no matter what."

Laurentian's men's hockey team kicked off their preseason on Sept. 22 against Nipissing University and continue their exhibition play when they travel to Michigan on Oct. 5 and 6 to face NCAA schools Michigan

Tech and Northern Michigan.

However, the first game of the regular season is on Oct. 10 when the Laurentian men's hockey team travels to Toronto to take on York University.

For ticket information regarding home games, please call 705-673-6542 or contact voyageurhockey@laurentian.ca.

lambda@laurentian.ca

Rabey's round-up: Arsenal gearing up for glory

BY MATT RABEY

After the Gunners dropped three points at home on opening day many were quick to question Arsene Wenger's leadership.

In fact, after the home opener one could hear the boos ring out around the stadium and yet with Wednesday night's Champion's League win that marks a record tenth consecutive Arsenal away victory.

Critiques had been too quick to judge Wenger, a man with an £80 million budget, because he took till the last day to splash out the cash.

When he finally did, however, he brought in one of the best attacking midfielders in the world, German international Mesut Özil.

Özil has already shown his prowess on the football pitch during his first Arsenal match

against Sunderland.

The sublime touch to receive the long ball from Kieran Gibbs and then the service to Olivier Giroud for the opener was textbook.

Özil holds the record for the most assists in Europe for the 2012-13 season and this start shows that he has plenty more in his arsenal.

Many say that Arsenal haven't been serious title contenders in recent years, but with the addition of Özil Arsenal only need a couple more players in January and the Premier League trophy could be hoisted by the London outfit.

Arsenal have always been a good side, hence their "big four" status, but since 2005 they have always fallen short of silverware.

This season, with the bolstering of their midfield, the Gunners really only need to sign a

striker and a center back to have a squad good enough to challenge for the title.

Arsenal's defense has been a bit shoddy as of late, with likes of Per Mertesacker being too slow and awkward to hold the back line.

With the return of Thomas Vermaelen to fitness, Arsenal only need find a suitable replacement in the January transfer window to ensure that the leaks at the back are plugged.

As for striking options, with Lukas Podolski out injured, the Gunners are currently resting solely on the skills of Giroud as a lone front man.

Theo Walcott can also be slotted in the lone striker role, but with Wenger's setup currently paying dividends, this is unnecessary.

Arsenal are also benefiting from Aaron Ramsey, who is in the form of his life. Not

only is Ramsey creating chances, but he is also converting them more than any other player in the squad.

The last piece to this title winning equation, however, doesn't come from within the Arsenal camp, but rather from the state of the other big English clubs.

Chelsea, Manchester United and Manchester City all have new managers at the helm of their clubs and Tottenham have sold their star midfielder.

It is still too early to say with certainty if the Arsenal are true title contenders, but so far they've come out guns blazing.

lambda@laurentian.ca

Voyageurs continue fine form in three-game homestand

BY RON GUILLET

After starting the season with a 2-1-1 record on the road, the Laurentian Voyageurs returned on home turf for a three-game stand.

The Voyageurs were up against the Queen's Gaels on Saturday, Sept. 14, in a match that encapsulated the home team's defensive philosophy this season.

It wasn't until the 66th minute that Joel Levac capitalized on a free kick and put the Voyageurs up by one. The Gaels would strike back, however, with Tommy Hong netting the equalizer in the 81st minute.

On Sunday, Sept. 15, the Voyageurs took on the struggling RMC Paladins, who have just one win on the season.

Goals have been scarce for Laurentian this season, but their defensive approach has been effective in helping them garner points in the standings. They are on pace to shatter their 4-7-3 record from last season. Their defensive prowess was on display once again as the Voyageurs played through a 1-0 victory courtesy of an 80th minute goal from defender Cameron Brooks and a clean sheet performance from goalkeeper Duncan Jobson, who only had to face four shots.

"Luckily for us, we got a lucky bounce off a corner kick and put the ball in the back of the net late in the game to hold on to the 1-0 win," Liam Dougherty said of Brooks' goal.

Head coach Carlo Castrechino saw room for improvement despite the Voyageurs' climb in the standings.

"I thought we could have played better in both games," Castrechino said. "We were deserving of the four-point weekend but there's still room for improvement. We need to be a lot better mentally and eliminate our mistakes if we want to improve upon our record."

The message seemed to have sank in.

On Saturday, Sept. 21, the Voyageurs took on the undefeated Carleton Ravens. Laurentian came out full of confidence as they kept up to the Ravens and both teams exchanged chances. Possession was evenly distributed but it was the Voyageurs who struck first in the 35th minute as Ian Wolfe slotted in a shot from outside the box that caught goalkeeper Callum Ayre off guard as he sprawled out but couldn't stop the ball.

The Ravens almost tied it up in the dying minutes of the first

half as Andrew Latty connected with a header at point blank range but Jobson dove to his right and made the save on the goal line. The Ravens' persistence paid off in the 47th minute as Mekonen Lovemore-White scored the equalizer.

Wolfe responded with his second goal in the 70th minute as he picked up a loose ball in the box and tucked it under the goalkeeper's arm.

The Ravens dominated possession in the dying minutes but the Voyageurs stymied their efforts and walked away with three points on home turf, giving them a 4-1-2 record on the season thus far.

Dougherty said the team must maintain their defensive approach if they hope to climb atop the East division.

"We need to keep fighting hard and make sure we hold on to our leads for the full 90 minutes as we have tied two games, after two late goals by opponents," Dougherty said. "But we are on the right track and have the top of the table within reach."

ronguillet@gmail.com



Photo by Ron Guillet

Ian Wolfe celebrates with teammates after his second goal against the Carleton Ravens on Saturday, Sept. 21.

Opinion: Bold new logo for bold new year

BY RON GUILLET

The Laurentian Voyageurs have entered this year with a new logo, team colours, mascot and name for the women's teams. And the timing is perfect.

For starters, the Voyageurs' soccer teams have had solid debuts in their respective campaigns, the men's team going 4-1-2 and the women's team going 4-2-2. Both teams had to import several new faces due to key players departing after graduation, and as a result it made it difficult to predict how they would fare.

They fared just fine, apparently.

The men are second in the OUA East division; only two points removed from the first place Ryerson Rams. The

women are fourth in the OUA East division but only two points removed from the second place Toronto Varsity Blues and six points from the top ranked Ottawa Gee-Gees.

Aside from the teams on the pitch, there's the minor news (sarcasm alert) of the Voyageurs icing men's and women's hockey teams this year. The women already have their first-ever victory behind them, and the men opened their pre-season with a 7-3 victory against the Nipissing Lakers on Sunday, Sept. 22.

With the addition of hockey to varsity sports at Laurentian, 2013 marked the perfect year to rebrand the Voyageurs and, from their perspective, hopefully make a statement.

"After 40-plus years I think it's good to go through a rebrand," Peter Hellstrom, Laurentian's athletic director, said. "It's more refreshing. We can all identify to the 'V.' I think it's a brand we can all look to, be proud of and move forward with."

Pertaining to the new logo, the Voyageurs have opted with a circular design with a bold 'V' in dark blue at the centre. The outer rim of the circle is also in dark blue, contrasted by the white in the inner circle, with the University's name, in English and French, printed at the top and bottom of the outer rim.

Evaluating team logos is a subjective matter but, in this writer's opinion, Laurentian's looks sharp. Some of the best

logos in sports, especially in hockey, have a circular design. Just check out the St. Louis Blues or the Buffalo Sabres' original logo from the 1970s. Chelsea's logo in the Barclay's Premier League is another example, their unlikable team aside (only half-joking, Chelsea fans).

While the women's soccer team does not have the new attire yet due to a shipping error, those who wish to see the new gear in action can catch the Voyageurs on Saturday, Oct. 5, against the Rams.

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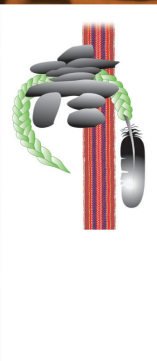
Laurentian University Residential School Exhibition

SEPTEMBER 30 to OCTOBER 4, 2013

as Laurentian hosts the 100 Years of Loss exhibition
at the J.N. Desmarais Library Archives

MONDAY, SEPTEMBER 30, 2013	TUESDAY, OCTOBER 1, 2013	WEDNESDAY, OCTOBER 2, 2013	THURSDAY, OCTOBER 3, 2013	FRIDAY, OCTOBER 4, 2013
<p>Sunrise Ceremony 6 a.m. Elder Jerry Otowadjiwan Tipi, Founder's Square <i>*Women, please wear a long skirt.</i></p> <p>Opening Ceremony (Public is invited) 1 p.m. to 2:30 p.m. Elder Hilda Nadjiwan MC: Dr. Sheila Cote-Meek <i>With special guests Chief Steve Miller, Dominic Giroux, Deputy Grand Council Chief Glen Hare, Mike Cachagee and Dr. Mike DeGagné</i> <i>Free parking at LOT 11 (NOSM) with shuttle service.</i></p> <p>Exhibition Viewing 2:30 p.m. to 4 p.m.</p>	<p>Exhibition Viewing 9 a.m. to 9 p.m.</p> <p>Videos: Urban Songlines of Residential Schools Facilitator: Karyn Recollet 1:30 p.m. to 3:30 p.m. Brenda Wallace Reading Room, J.N. Desmarais Library</p> <p><i>Pay & Display Parking</i></p>	<p>Exhibition Viewing 9 a.m. to 4 p.m.</p> <p>Every Child Must Be Carried: Reuniting Residential School Survivors with Art Created in Residential Schools. (Art Exhibition) Presenter: Andrea Walsh 1 p.m. to 3 p.m. Brenda Wallace Reading Room, J.N. Desmarais Library</p> <p><i>Pay & Display Parking</i></p>	<p>Exhibition Viewing 9 a.m. to 9 p.m.</p> <p>"Alive with Breath" and Art Exhibition Presenter: Jules Koostachin Art Viewing: 1 p.m. to 2 p.m. Lecture: 2 p.m. to 3 p.m. Brenda Wallace Reading Room, J.N. Desmarais Library</p> <p><i>Pay & Display Parking</i></p>	<p>Exhibition Viewing 9 a.m. to 4 p.m.</p> <p>Closing Ceremony 1 p.m. to 2:30 p.m. Elder Hilda Nadjiwan <i>With special guests Dr. Brock Pitawanikwat and Marc Nadjiwan</i></p> <p><i>Pay & Display Parking</i></p>

Old Sun Indian Residential School, Gravelly Hill, 1945. General Synod Archives, Anglican Church of Canada, P75-103-17-184.



100 YEARS OF LOSS
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Residential School System in Canada
at the 100 YEARS OF LOSS exhibition



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For more information, contact the Office of Academic
and Indigenous Programs at 705-675-1151, ext. 3437
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